Start college with a gap

EFGAPYEAR.COM
Get more out of college by experiencing more out of life.

More and more graduating high school students are deciding not to go straight into college, but to invest instead in their own personal development with a year of travel, language-learning, cultural exchange, work experience, and leadership development.
Fact:
Gap students are better prepared for college

Gap year students are more enthusiastic about and better prepared for university than traditional students, according to a recent Middlebury College/UNC Chapel Hill survey. This is due, in part, to the fact they have taken a break from the pressures of academic life to relax and rest, get to know themselves better as young adults, and reassess their personal, educational, and career goals.

BROADEN YOUR HORIZONS

Only EF Gap gives you insider access to over a dozen countries. You’ll enjoy once-in-a-lifetime experiences and engage in cultural exchanges that will profoundly change your understanding of the world. You’ll develop a cross-cultural awareness and appreciation of lifestyle differences that far surpass those of your friends who remain at home. All EF Gap students kick off their experience with an immersive, guided tour of Europe.

Learn more about touring on p. 23
Learn a language

Fact: Gap students earn better grades in college

Gap year students often earn better grades in college than traditional students. On average, their GPAs are 1 to 4 higher, according to Robert Claggett, former dean of Middlebury College. Even better, the positive effects of taking a gap year appear to endure over all four years of college, according to Claggett. Many gap students say they are able to rekindle their enthusiasm for learning and discover their true passions in life.

TALK TO THE WORLD
Fluency in a second language lets you connect with other cultures in a profound way. It also opens up a world of career possibilities. EF Gap Year offers total immersion language learning at our own, fully accredited schools located in world-renowned cities. Study alongside students from over 100 different countries using the latest advances in learning technology.

Learn more about language study on p. 24
Volunteer for a good cause

**Fact:**
Gap students are socially responsible

72% of gap students were inspired to become more active volunteers in the global or local community, according to a recent survey of gap students conducted by the Gap Year Association. This is thanks, in part, to the fact that gap students develop a keener awareness of their own privileges and opportunities, gain greater empathy for the plight of others, and make a real commitment to doing something about it.

**MAKE A REAL DIFFERENCE**

Here’s your chance to give back in ways that will make a real global impact—on the environment, on communities in need, or with at-risk youth. You’ll also make lasting friendships that know no borders. At EF Gap Year, you choose where in the world you’ll volunteer: Latin America, Africa, or Asia.

Learn more about volunteer service on p. 26
Gain work experience abroad

Fact: Gap students are more satisfied with their careers

Gap year students tend to achieve higher satisfaction in their post-college careers, according to a recent Haigler and Nelson survey. Gap students often report that this is because the hands-on experience they gain in the real world either confirms their career ambitions or sets them on their true path in life.

GET READY FOR A GLOBAL CAREER

In today’s competitive job market, organizations prefer entry-level job candidates who already possess documented work experience in a cross-cultural setting. An EF Gap Year internship allows you to live in a world-class city and get to know its business culture by working with a respected organization in your desired career field.

Learn more about work internships on p. 30
Develop global leadership skills

Gap year students tend to engage more in campus life than traditional students. They also take on more leadership roles around campus, according to a recent Middlebury College/UNC Chapel Hill survey. Gap students claim this is because they become better independent thinkers, communicators and problem-solvers in those life-changing months they spend navigating the real world on their own.

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STAND OUT FROM THE REST

An EF Gap experience isn’t a year off. It’s an investment in your future as one of tomorrow’s leaders. It will truly set you apart from traditional students who go straight to college after high school. Your time away will make you more self-confident, self-reliant, worldly and mature—ready for success in college and beyond. EF Gap students gain critical leadership skills at a culminating summit with fellow program participants, held at Hult International Business School outside London.

Learn more about EF Leadership Academy on p. 32
Our Programs

ONLY EF PREPARES YOU FOR A GLOBAL CAREER

An EF Gap program can take you to ten or more countries—on virtually every continent—to explore new cultures, learn new languages, volunteer for worthwhile causes, gain international work experience, and develop your leadership skills. You’ll return home a completely different person, thoroughly prepared and energized to begin both college and adult life as a citizen of the world.
EF Gap Year

Become a citizen of the world in just 26 weeks. This full academic year abroad, beginning in September and ending in April, enables you to build documented skills in the five key areas essential to an international career: travel abroad, language fluency, volunteer service, work experience, and leadership development. Best of all, you get to personalize your experience by choosing where and how you will live, study, and work.

26 Weeks
All-inclusive: Tuition, Travel, Room & Board
Starting at $33,500

Universities mostly understand that students who have completed a Gap Year will be more invested, better community members, and have better employability partially as a result of their Gap Year.

EF Gap Year Association

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EF Gap Semester

Twelve weeks of documented global experience. This shorter program is ideal for students who can’t be away for an entire academic year. It also allows you the additional flexibility of starting in either September or January. You decide how you’ll focus your gap experience in two skill-building modules with your choice of language study, volunteer service, or internship. And you still get to choose where in the world you will live, study, and work.

2 Weeks
Orientation
Start by meeting your fellow EF gapers at our orientation in London, where you gain the skills you’ll need to succeed on the program.

Welcome Tour of Europe
Get to know Europe with an insider’s perspective on a professionally guided tour of its most iconic cities: London, Amsterdam, Paris, Rome, and Barcelona.

2 Weeks
Leadership Academy
Attend a transformative Leadership Academy at Hult International Business School’s Ashridge campus near London.

Wrap-up
Share all you’ve learned at our wrap-up, which includes a gala farewell banquet and awards ceremony.

4 Weeks (Choose One)
Language Study
Build your communication skills at a fully accredited EF language school abroad. We offer 7 languages—all located in world-class cities.

Volunteer Service
Help a community in Africa, Latin America, Thailand, or Nepal empower its youth, improve its water and food supplies, or preserve its environment.

Internship
Gain valuable business experience abroad by working in a world-class city at a respected organization.

4 Weeks (Choose One)
Language Study
Volunteer Service
Internship

BEGINNING SEPTEMBER OR JANUARY

“For nearly 40 years, Harvard has recommended [students] postpone entrance to college, indeed proposing it in the letter of admission...The results have been uniformly positive.”

William Fitzsimmons, Dean of Admissions & Financial Aid, Harvard College
Always included in your program

We aim to provide amazing value at affordable prices so that as many students as possible can join our program. Unlike most other programs, an EF gap experience is virtually all-inclusive—with no additional or hidden costs.*

MENTORSHIP
Your EF gap advisor helps you choose the right program for your needs and prepares you for the journey ahead. Your advisor then continues to mentor you throughout your gap experience, providing information, advice, and support. Scheduled check-ins ensure that everything goes according to plan.

ACCOMMODATION
We always provide comfortable accommodation suitable to the program module and location. Typically, that might mean a hotel while on tour, host family during your language study, student hostel for your volunteer service, shared apartment for your internship, and campus residence at EF’s leadership academy.

ACTIVITIES & EXCURSIONS
Our philosophy is that you always learn more when you’re relaxed and enjoying yourself. That’s why we build in a weekly selection of activities, excursions, events and outings into our tours, language courses, volunteer service, and leadership seminar. During your internship, we leave you free to explore your host city on your own.

AIRFARE & TRANSPORTATION
Only EF includes the cost of your flights in the program fee—and since you’ll be traveling the world, that’s significant savings! We also include most transfers to and from the airport while abroad, as well as all transportation whenever you’re on tour with us.

MEALS
Your gap experience includes a weekly meal plan of hearty and healthy local fare. The plans vary by module and location, but often include breakfast and dinner, with lunch free for making your own culinary explorations. During your internship, you’ll live in an apartment and shop for your own food as part of the experience.

GLOBAL PROTECTION
Included in your program fee is comprehensive medical, cancellation and interruption insurance. Enjoy your gap adventure worry-free, knowing you’re covered—and that our highly experienced team is there to support you, round-the-globe and round-the-clock.

BUILD A PORTFOLIO OF PROVEN SKILLS

“I was a dedicated student in high school and got into Brown University through early decision. I decided to defer my acceptance and take a year away from the classroom to reconnect with my passions and pursue experiential learning. I ended up starting college more grounded, confident and rejuvenated after my gap year.”

Eital Schattner-Elmaleh
Montclair, New Jersey

YOUR CERTIFICATES OF ACHIEVEMENT
Language fluency assessment
On completion of your language studies, you will receive a course certificate and official assessment of your language skills. These can help you place out of your college’s language requirements.

Certificate of volunteer experience
Once you’ve successfully completed your volunteer service, you will receive an official certificate detailing your hours of service and the contribution you’ve made to the communities you served abroad.

Certificate of internship
After your internship, you will receive an official certificate from EF as well as a letter of recommendation from your employer.

Global leadership certificate
Once you complete our Leadership Academy, you will receive a certificate of participation that highlights all the leadership skills you have gained.

LEARNING COLLEGE CREDIT
Design a personalized study plan
Earn college credit through our long-term educational partner Southern New Hampshire University (SNHU), an innovative and progressive institution located just 45 miles north of our North American headquarters. SNHU is happy to work with EF Gap students to custom-design a program that allows them to earn college credit for their gap year or semester abroad.

ALWAYS INCLUDED IN YOUR PROGRAM

We offer an all-inclusive program fee that includes flights, accommodation, activities, meals, and more. You can study abroad knowing that everything is taken care of.

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BUILD THE PERFECT GAP EXPERIENCE FOR YOU

Our advisors work with you to customize a highly individualized program that meets both your personal and professional goals. You decide how long you’d like to be away, and how you’d like to focus your gap experience.
ORIENTATION

Your gap experience begins with two full days at Hult International Business School Ashridge, located on the spectacular grounds of a former English country estate outside London. Today, Hult Ashridge serves as an executive training center for the global business community. Here you will meet your cohort of fellow EF gappers and get to know each other through a carefully planned series of welcome events, intensive orientation seminars, and relaxing social activities.

ACCOMMODATION AT ASHRIDGE

Your accommodation will be in shared rooms with fellow EF gappers in one of the campus’ student residence halls. Most of your meals will be eaten in the campus dining hall—formerly the manor’s banquet hall—and when you’re not attending an orientation seminar, welcome event, or group excursion, you can work out in the onsite gym, take a swim in the Olympic pool, or go for a run or walk through the parkland on well-marked trails.

ORIENTATION IN LONDON

The remainder of your week, your cohort will head into London, Europe’s largest and most cosmopolitan city. Once you are comfortably installed at our conveniently located hotel and meeting facility, you will continue your orientation seminars and begin your Welcome Tour of Europe with guided visits around the city.

WELCOME TOUR OF EUROPE

Join your fellow EF Gap students on an in-depth tour of London, Amsterdam, Paris, Barcelona, and Rome. Expert professional guides will introduce you to Europe’s most iconic museums and masterpieces, landmarks and landscapes. You’ll also learn about each city’s rich history, culture, and current affairs. And then our local guides will take you behind the scenes to experience authentic daily life. There’s also plenty of time built in for exploring with new friends and making your own discoveries.

ORIENTATION SEMINARS

Attend a series of orientation seminars with fellow EF gappers. Our moderators will help you gain all the skills you will need to succeed.

Setting the right expectations

Group discussions and breakout sessions that help you understand what to expect from the program and yourself:

• Understanding how our program works
• Setting realistic personal goals
• Navigating culture shock and homesickness

Getting the most out of your gap

Group discussions and individual exercises that help you set academic, career, and personal goals and then create an action plan for how you will achieve them during your gap experience. You will update this action plan with your EF Gap Advisor at the end of every program module to ensure you stay on track.

Rules of the road

Group discussions and interactive exercises to ensure your gap experience will be as safe and fun as it is life-changing:

• Program rules and regulations
• Safety policies and procedures
• Who to turn to in times of need
• Basic first-aid best practices

Internship application

All students who will be doing an internship as part of their gap experience will need to create their application profile.

• Create a compelling resume for prospective employers in your chosen city
• Identify your top 3 career fields of interest

TOUR ITINERARY

A comprehensive introduction to Europe’s history, art, popular culture, politics, and economics through firsthand exploration of its renowned capital cities.

Days 1–4: London

Welcome event; orientation sessions; guided sightseeing; free day or optional excursion


Days 5–6: Amsterdam

Overnight ferry to Amsterdam; welcome event; guided sightseeing; optional city-by-bike tour

Guided tour of Amsterdam: Damrak Square, Jordaan Neighborhood, Central Station, Red Light District, Neumarkt Square

Days 7–9: Paris

Train to Paris; walking tour; Seine river cruise; guided sightseeing; optional trip to Versailles

Guided tour of Paris: Champs-Elysées, Arc de Triomphe, Eiffel Tower, Notre-Dame, Luxembourg Gardens, Louvre, Montparnasse

Days 10–11: Barcelona

Flight to Barcelona; walking tour; guided sightseeing

Guided tour of Barcelona: Sagrada Familia, Barrio Gòtic, Gaudí Park views, views from Olympic Park on Montjuic, Placa de Catalunya, Las Ramblas pedestrian street, Barceloneta neighborhood

Days 12–13: Rome

Flight to Rome; walking tour; guided sightseeing; farewell dinner

Guided tour of Rome: Colosseum, Forum Romanum, Capitoline Hill, Sistine Chapel, St. Peter’s Basilica

Learn more:

efgapyear.com
Speak with an EF Gap Advisor:
800-726-9746
Apply online:
efgapyear.com/apply
Learn a language faster with a total immersion course at one of our fully accredited schools abroad. In addition to studying with other EF gappers, you will also learn alongside new classmates from 100 countries.

**EF’s PROVEN METHOD**

Thanks to expert teachers, the latest in language-learning technology, and interaction with the local culture, gap year students usually advance one official language level during their six week module. Students on our semester program will also see significant progress during their shorter, four-week stay.

**IMMERSION LEARNING AT ITS BEST**

We offer fully immersive learning experience, including teacher-led instruction in the classroom, educational excursions around town, vocabulary-building in our learning lab, and additional self-directed exercises online. Once you become more fluent, you can begin adding special interest lessons to your weekly schedule in topics such as business, art, music, popular culture, and current affairs.

**ACTIVITIES AND EXCURSIONS**

When lessons are over for the day, there’s a full program of activities, events, sports matches, and outings at school or around town. On the weekends, you can also join optional excursions to other exciting cities in your host country and beyond.

**ACCOMMODATION OPTIONS**

Standard accommodation is a shared room in a homestay with a local host family—ideal for perfecting your accent and intonation. You also have the option of living in an international student residence within easy reach of your school at a supplemental price. Meals vary by location and accommodation type, but a typical plan with a host family might include breakfast and dinner on weekdays and all meals on weekends.

**CERTIFICATES AND CREDIT**

At the end of your course, you receive an official certificate of completion and language assessment of your current level. You may also be able to earn college credit for your language study through Southern New Hampshire University.

**LANGUAGE DESTINATIONS**

Immerse yourself in another language by studying at a fully accredited school in the very heart of a world-class city.

**Spanish in Madrid, Spain**

Our state-of-the art school is ideally located in the Salamanca district, within easy reach of Madrid’s famed museums, shopping areas, and nightspots. It boasts stylish, tech-equipped classrooms and a large outdoor urban garden featuring ping pong, foosball, and mini golf.

**Spanish in Barcelona, Spain**

Our stylishly modern school is located in the lively Eixample district, surrounded by the city’s best restaurants and nightspots. The school boasts state-of-the-art educational facilities and an outdoor terrace popular with students between classes.

**Spanish in Tamarindo, Costa Rica**

Playa Tamarindo is one of the world’s top eco-tourism destinations. Our classic colonial-style school borders a lush forest reserve. The on-campus residence features an outdoor pool and sundeck.

**French in Paris, France**

Our stately school is located in the heart of the 9th arrondissement—one of the city’s hippest quarters. From here you’re walking distance to the grand boulevards, iconic department stores, and candlelit bistros of the Marais.

**German in Berlin, Germany**

Behind the historic facade of our school located near Potsdamer Platz you’ll find stylishly modern classrooms equipped with the latest learning technology. From here you’re an easy walk to the city’s trendiest cafes, restaurants, theaters, and nightlife.

**Italian in Rome, Italy**

Our school in the heart of Rome’s historic district is within easy reach of iconic monuments like the Colosseum and Trevi Fountain. The neighborhood is also full of lively cafes, pizzerias, and shops. Educational facilities include spacious classrooms, a library, and student lounge.

**Japanese in Tokyo, Japan**

Enjoy breathtaking views of the Tokyo skyline from our modern school located in the Shibuya area—popular for its restaurants, teashops, and karaoke bars. In addition to language lessons, take classes in Japanese culture, history, and manga.

**Korean in Seoul, South Korea**

Our centrally located school is in the very heart of this vibrant capital city, within easy reach of restaurants, cafes, and trendy retail stores. School facilities include tech-equipped classrooms and a spacious student lounge.

**Mandarin in Shanghai, China**

Our thoroughly modern school, equipped to the latest standards, is right off People’s Square in the heart of this historic city. You’re a five-minute walk to public transportation, giving you easy access to the city’s best shopping and entertainment districts.

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*Additional fees apply

Language Study
Volunteer Service

Be a force for good in the world by collaborating with local community members and NGOs in a country to improve the quality of life for its citizens. That might mean providing educational opportunities for youth, improving access to water, food and housing, or preserving the natural environment. Not only will you make a real difference during your weeks of service, you’ll also forge friendships to last a lifetime.

Your Choice of Host Country
We offer volunteer service experiences in eight countries (see the facing page). You choose where you would like to engage in an authentic cultural exchange. For example, many students decide to practice their new Spanish skills by volunteering in a country where it is spoken.

How It Works
You’ll travel to your chosen country with other members of your cohort, where you are met by EF’s local coordinator. After settling in to your accommodation—most often a simple but comfortable student residence typical of the region—you get to know the local culture through a series of moderated group discussions and guided visits.

What You’ll Do
Your EF coordinator then provides you with a carefully curated set of hands-on volunteer experiences in several different organizations, enabling you to make positive social impact in a range of ways. How you spend your day depends entirely on the local need. You might find yourself teaching conversational English to young children. You might lay bricks for their new school. In some locations, you might help farmers reclaim eroded soil by digging irrigation ditches or grow sustainable crops biodynamically. In others, you might help preserve the natural environment by planting mangroves, rescuing sea turtles, or tracking endangered wild game.

Volunteer Experiences
Typically, gap year students participate in three volunteer experiences, complemented by time to reflect, explorations of the local area, and group activities and excursions. Semester students are more likely to participate in two volunteer experiences. We most often partner with respected, locally based NGOs to assist them with their ongoing projects.

Certificate of Completion
At the completion of this module, you receive an EF Certificate of Volunteer Service, chronicling the work you’ve done, the hours you’ve served, and the impact you’ve made.

Volunteer Themes
All of our host countries offer EF Gap students the chance to volunteer in the following significant ways:

Community development
Empower communities to improve their quality of life, preserve the local environment, and prosper in sustainable ways. Initiatives might include construction of communal spaces such as gardens or libraries, awareness of best practices around health, and fostering economic development.

Environmental sustainability
Address the importance of environmental conservation and restoration to the livelihood and health of a community for current and future generations. Initiatives might include reforestation, saving endangered species of flora and fauna, or promoting awareness through eco-tourism in national parks.

Education & empowerment
Promote equal access to quality education by enhancing educational outcomes, ensuring productive educational spaces, and increasing awareness of social inequality. Initiatives include mentoring local youth, encouraging collaboration through sports and the arts, and assisting teachers with conversational English classes.

Host Countries

Decide where in the world you would like to make a difference and engage in an authentic cultural experience.

Dominican Republic
The dynamic geographic and cultural landscape of this Caribbean island is the perfect setting to volunteer for environmental and social grassroots efforts.

Peru*
Join our local partners in a mission to alleviate poverty, build up infrastructure, and educate the next generation of Peruvians.

Costa Rica
Help to preserve one of the world’s great rainforests by promoting eco-tourism and saving endangered species of flora and fauna.

Thailand
Advocate for youth and indigenous rights through education and entrepreneurial programs. Alternatively, support wildlife protection and habitat restoration.

Nepal*
Build schools and housing in local rural communities, and empower youth through mentorship and conversational English.

Tanzania*
Work with local community members on projects that address social development, ecological sustainability, and local infrastructure.

Volunteer Themes

Communication
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TOUR ITINERARY

An in-depth exploration “down under” of Australia and New Zealand’s rich history, culture and natural wonders.

Days 1–5: Melbourne
Transcontinental flight to Melbourne, Australia; walking tour; welcome event; guided sightseeing; free day or optional excursion of Great Ocean Road
Guided tour of Melbourne: Carlton Gardens, Lygon Street, Collins Street, Queen Victoria Market and St. Paul’s Cathedral; Sports and Arts Precincts (with street art tour), St. Kilda Beach and Yarra River

Days 6–7: Ayer’s Rock (Uluru)
Guided tour of Ayer’s Rock (Uluru): Kata Tjuta National Park, guided ranger walk of Uluru at sunrise followed by bush food tasting and aboriginal storytelling; Aussie barbecue

Days 8–10: Great Barrier Reef
Flight to Cairns; guided sightseeing of the Great Barrier Reef; free beach day or optional rafting excursion.

Days 11–14: Sydney
Flight to Sydney; walking tour; guided sightseeing; free day or optional Hang Ten surfing excursion to Manly Beach
Guided tour of Sydney: Opera House, Sydney Tower, Harbor Cruise, Bondi Beach

Days 15–17: Queenstown
Flight to Queenstown, New Zealand; excursion to Bob’s Peak; guided sightseeing and fly tour Bob’s Peak excursion: arrived by gondola and cable car; afternoon of luge carts, para-gliding, zip-lining, and hiking

Days 18–21: Rotorua
Flight to Rotorua; duck tour and Polynesian spa; optional rainforest canopy tour; Wai-O-Tapu Geothermal Park; Maori cultural experience; visit to “Hobbiton” movie set; motorcoach to Auckland
Maori cultural experience: Traditional welcome, tea with elders, hangi feast; visit to local school

Days 22–23: Auckland
A day of sightseeing and scenic natural wonders; farewell dinner

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CULTURAL IMMERSION TOUR OF AUSTRALIA
EF Gap Year students reconvene in January after the winter break and set off together on the ultimate road trip—a three-week tour of Australia and New Zealand. It’s the perfect destination for anyone whose goal is global citizenship. A deep-dive into Antipodean culture will show you just how big, and at the same time small, the world can be.

LIFE DOWN UNDER
Australia is about as far away as you can travel from America—an entire hemisphere away. And it is different: In January, it’s summer instead of winter. Many species of animals and birds here—kangaroos and Koalas, kookaburras and emus—can be found nowhere else on earth. Australians drive on the left. Even water swirls in the opposite direction down the drain. Yet many aspects of Australian culture will feel familiar. Everyone speaks English. The currency is in dollars. The cities of Sydney and Melbourne feature American-style skyscrapers and subway systems and shopping malls.

WHAT YOU’LL SEE AND DO
Our professional local guides will take you beneath these surface similarities and differences to show you a complex culture of amazing contrasts. After a visit to ultra-modern Melbourne, you’ll journey out to spectacular Ayer’s Rock—Uluru—for a visit to one of Aboriginal Australia’s most sacred sites to experience indigenous customs developed over thousands of years. You’ll also trek out to the Great Barrier Reef and learn how its fragile coral ecosystem is now threatened by unchecked industrialization. Next you’ll explore Sydney’s historic districts, hipster neighborhoods, and surf beaches. And then you’ll fly to New Zealand to see how Sydney compares to ultra-sophisticated Queenstown. We round out our trip with a visit to the North Island’s spectacular geothermal region of geysers and hot springs and bubbling mud. A highlight will be a rare glimpse into Maori culture with a traditional hangi feast. You’ll then fly from Auckland to the city where you will begin your internship.
INTERNSHIP

Gain incredible business experience in one of the regional capitals of today’s global economy. You’ll be placed with a respected organization, mentored by professionals, and live with fellow interns in a shared apartment.

HOW IT WORKS

As an EF Gap Year student, you begin preparing for your internship during Orientation. You participate in a special seminar dedicated to assembling a compelling application profile for potential employers which includes a resume of your skills. You also select three career fields of interest available in your host country. EF Gap Semester students begin this process before they leave home, working one-on-one with their EF Gap Advisors via email or Skype.

MATCHING PROCESS

While you complete the first module of your gap experience, our internship coordinators match you with an organization that best fits your interests and skills. The next step is to conduct an interview with your potential hiring supervisor by phone or Skype. If you’re a semester student, you are assigned to your internship organization before you return home to the US for Winter Break. If you’re a semester student, you’ll get your internship assignment before you leave home.

ACCOMMODATION AND LEISURE

Your accommodation is a single room in a centrally located apartment with a kitchen, shared with up to four fellow interns. There is no meal plan during the internship module, as students usually prefer to buy their own food and prepare their own meals as part of the experience. (At lunchtime, many of the larger organizations hosting EF interns offer on-site cafeterias.) Throughout your stay, we organize occasional outings, events, and excursions for all the EF interns in your host city so that you can relax, connect, and network.

CERTIFICATES AND RECOMMENDATIONS

At the end of your internship you will receive an official EF certificate of completion, detailing the type of work you’ve done for your host organization. You can also request a letter of recommendation from your supervisor.

FIELDS OF INTEREST

We offer a wide range of career options to explore in each internship city. What you ultimately do for work will depend on your interests, skills, and job availability. Following are our most widely offered career focuses:

- Business
  Work in sales, customer service, information technology, or in any area of business.
- Finance
  Get to know budget management, accounting, and payroll procedures.
- Marketing & social media
  Help an organization promote its products and services in print, online, or via social media.
- Travel & tourism
  Plan travel logistics, assist local guides on tour, or work as a concierge at international hotels.
- Education
  Teach conversational English to children, or mentor local youth in sports and the arts.

INTERNSHIP CITIES

Choose a world-class city in which you would like to live and work:

- Paris, France
  Paris is France’s undisputed capital of culture, art, fashion, and commerce. Many multinational firms maintain European headquarters here.
- Milan, Italy
  Milan is Northern Italy’s premier hub for commerce, banking, and manufacturing. It’s also one of the world’s meccas for fashion and design.
- Madrid, Spain
  Spain’s capital city is also its hub of business and commerce. Many of Spain’s largest and most influential companies are headquartered here.
- Berlin, Germany
  Berlin is one of Germany’s chief centers for finance, banking, and technology. It’s also the national center for culture, art, and government.
- Seoul, South Korea
  Seoul has emerged as one of the world’s major players when it comes to technology, consumer products, and the automotive industry.
- Hong Kong
  Hong Kong has long served as South Asia’s hub for shipping, finance, manufacturing, and retail. Many multinational firms maintain headquarters here.
- Bangkok, Thailand
  Bangkok is Southeast Asia’s capital of commerce and trade. Most Asian corporations maintain regional head offices in the city’s bustling business quarter.
- Tokyo, Japan
  Tokyo remains the Pacific Rim’s capital of finance, commerce, retail and technology—with many tech and automotive companies headquartered here.
- Sydney, Australia
  Sydney is Australia’s premier center for finance, technology, and commerce. It’s also the headquarters of dozens of global manufacturing companies.
- Dublin, Ireland
  Dublin enjoys world status as a new media and service industry hub. Many social media and tech companies maintain European headquarters here.

*Additional fees apply

Learn more:
efgapyear.com
Speak with an EF Gap Advisor:
800-726-9746
Apply online:
efgapyear.com/apply
EF LEADERSHIP ACADEMY

We firmly believe that today’s gap students are tomorrow’s leaders. So for your final module, we’ve designed an unforgettable series of seminars and workshops—EF Leadership Academy—to give you an amazing head start. Not only will completion of this module enable you to take on more leadership roles at college, but it’ll help you enter the workforce with the confidence you need to succeed.

LEADERSHIP SEMINARS

In Week 1, your gap cohort once again gathers at Hult Ashridge outside London to attend an intensive series of lectures, discussions, and group activities to build your leadership presence. Professional moderators will lead you through a carefully designed syllabus of skills to enhance your natural talents and compensate for your blind spots and weaknesses. You’ll also learn the secrets of effective teams. You’ll come away from the week much more self-confident and self-aware, and ready to lead any team to success. You’ll also possess a certificate of completion highlighting the skills you’ve developed.

FAREWELL TOUR OF IRELAND AND SCOTLAND

In Week 2, Gap Year students continue to discuss team-building and cross-cultural awareness by taking to the road for a farewell tour. First stop: Ireland, for a visit to bustling Dublin and the emerald rolling hills of County Kerry. Then it’s on to Scotland for an exploration of Royal Edinburgh followed by a breathtaking drive through the Scottish Highlands and Yorkshire Moors. En route, you’ll engage in fun adventure activities and trust-building exercises that put your new-found leadership and teamwork skills to the test. Your tour ends in London, for a final week of program wrap-up.

Learn more on the facing page.

GLOBAL LEADERSHIP SKILLS

Our professional moderators will help you build the skills you need for success in college and your career beyond.

Cross-cultural awareness

Overcoming cultural differences and language barriers for effective communication.

Team-building

Choosing the right collaborators to enhance your strengths and minimize your weaknesses.

Leadership / Mentorship

Knowing when to take charge and set standards and when to step back and let others shine.

Public speaking & presentations

Crafting succinct presentations and delivering them in compelling ways.

Self-assessment & accountability

Understanding your limits; making agreements that don’t over-promise and under-deliver.

FAREWELL TOUR ITINERARY

A farewell tour of the British Isles, including visits to Ireland and Scotland.

Days 1–2: Dublin
Flights to Dublin; Walking tour; guided sightseeing
Guided tour of Dublin: O’Connell Street, St. Stephen’s Green, Book of Kells at Trinity College; St. Patrick’s Cathedral, Grafton Street, Temple Bar

Days 3–4: Irish Counties
Motorcoach through Irish countryside to County Kerry, stopping at Rock of Cashel and Blarney Castle; Ring of Kerry
Continue on to Limerick and County Clare; Cliffs of Moher; Bunratty Castle

Day 5: Wales & Liverpool
Ferry to Wales; motorcoach through Welsh countryside to Liverpool

Days 6–7: Edinburgh
Motorcoach through Lake District; arrival in Edinburgh; welcome event; walking tour; guided sightseeing

Days 8–9: Scottish Highlands
Motorcoach through Highlands, Loch Ness; Stirling Castle

Day 10: York
Motorcoach through Yorkshire Moors; guided sightseeing of York; motor through English countryside to London

Learn more:

efgapyear.com

Speak with an EF Gap Advisor:

800-726-9746

Apply online:

efgapyear.com/apply
WRAP-UP

An extremely important part of your EF Gap experience is assessing how you’ve grown as a person and what you’ve learned. In the final week of your program, you will gather with EF advisors and fellow EF gappers in London to meet, share, discuss, and present.

ASSESSMENT AND REFLECTION

You will revisit the goals you set for yourself at Orientation. You will also discuss the updates you’ve made to your action plan throughout the program. Where have you succeeded or failed? How have you changed and grown? Are your goals the same, or have they changed? This is an ideal time for observation and reflection.

GALA BANQUET

It’s also a time for celebration. We set aside plenty of free time so you can enjoy the company of your gap friends at your favorite haunts around London. Your final night abroad you’ll be our guest at a banquet where, together, we’ll toast your amazing achievements and say farewell.

COLLEGE APPLICATION SEMINAR

(Optional)

Gap year or fall semester students who have yet to apply to college—or who would like to reapply with a better result—should strongly consider signing up for our three-day college application seminar in Boston, which takes place during Winter Break.

WHAT’S INCLUDED

We cover all the basics of how to make your application stand out with college admissions officers. We also help you select the right schools for your future career plans. We even set time aside for visits to a range of colleges and universities in the Boston area. This informal, boot camp style seminar takes place in a conference suite at EF’s corporate headquarters in Cambridge, Massachusetts. Accommodation is in a nearby hotel. All meals are included.

SYLLABUS

Travel to Boston for three intensive days of professional coaching on how to craft a stand-out college application.

Day 1: Showcasing your skills and talents

Chronicle your unique experiences and accomplishments in the most compelling way for college admissions officers.

Day 2: Writing a killer essay

Tell the amazing story of how your gap experience has transformed you into a global citizen and reinvigorated your love of learning.

Day 3: Applying to the right schools

Research the right schools to meet your learning goals, career aspirations, and personal style.

Learn more:
efgapyear.com

Speak with an EF Gap Advisor:
800-726-9746

Apply online:
efgapyear.com/apply
Why choose EF

Around the globe, we create authentic educational experiences that give people the confidence and freedom to discover the world—and their potential.

WE’re THE WORLD LEADER IN INTERNATIONAL EDUCATION

For more than 50 years, EF’s mission has been to open the world through education. Our educational philosophy is simple: the best way to help students gain new perspectives and build skills for the future is through experiential learning. We’ve introduced millions of young people to educational travel, language learning, and cultural exchange. Though we have grown to become the world’s largest private education organization, our goal remains exactly the same: Education First.

For more information about all our programs, please visit ef.edu

EF’S WORLDWIDE PRESENCE

Our dedicated team of 46,500 EF counselors, educators, tour directors, and staff in 51 countries and 539 offices around the globe ensures that almost anywhere you venture on an EF program, we’re there to support you 24/7.

AN ORGANIZATION YOU CAN TRUST

Our insistence on safety
We have earned the trust of generations of parents with our proven commitment to the safety and well-being of every program participant. We have developed safety policies and procedures over the past five decades to resolve just about any situation that might arise.

Our commitment to quality
Unlike other gap year organizations, we insist on overseeing as many aspects of your program as we can ourselves—even when we partner with respected NGOs in local communities. It’s the only way we can maintain our strict quality standards. Count on EF counselors, educators, tour directors, and staff for support every step of the way.

Our emphasis on education
We partner with your guidance counselors and teachers to enhance what you’ve learned in the classroom through hands-on discovery. With EF, you put your knowledge to the test in the real world, connect with different cultures, encounter fresh ideas, and gain new perspectives on life.

Our low-price promise
We insist on offering the lowest available prices so as many students as possible can afford to travel on our programs. Yet we never skimp on value. Our size allows us to negotiate great rates on travel and accommodation, which we pass directly on to you.

AFFilIATIONS

We work closely with our partners to ensure their institutional needs are met, and we’re connected to the standards and values of the greater global education community.

51
Countries with EF operations

46,500
EF staff, educators & tour directors

539
EF schools & offices

1
Shared passion for helping people become citizens of the world
Set yourself up for success between high school and college.

On an EF Gap Year, you travel the world, learn a new language, volunteer for a good cause, gain work experience in your future career, and develop valuable leadership skills. You also return home with documented proof of your achievements.